

PAIN – if you have pain in your shoulder, how bad is it?

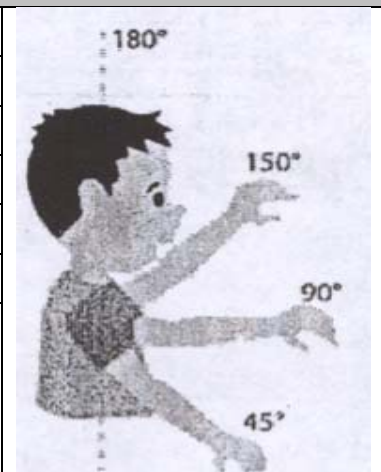
- a) Present all the time and unbearable; needing strong medications frequently
- b) Present always and bearable; strong medications occasionally.
- c) No pain or little at rest, but present during light activities and needing mild medications frequently.
- d) Present during heavy or particular activities only; needing mild medications occasionally.
- e) Slight pain occasionally.
- f) No pain

FUNCTION – Do you have any restrictions of your shoulder function?

- a) Unable to use limb because of this shoulder.
- b) Only light activities possible because of this shoulder.
- c) Able to do light work/housework or most activities of daily living.
- d) Most work/housework, shopping and driving possible; able to do hair and dress, undress including reaching behind your back high enough to do up a bra
- e) Slight restrictions only; able to work above shoulder level.
- f) Normal activities

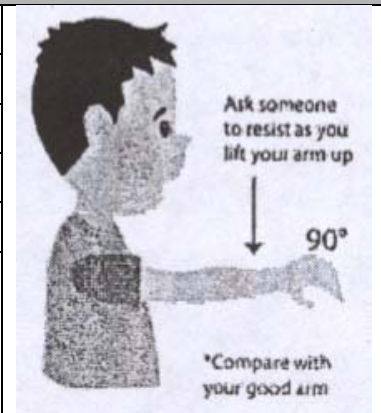
ACTIVE FORWARD FLEXION – How high up can you lift your arm forwards?

- a) Greater than 150 degrees (mark on diagram)
- b) 120-150 degrees
- c) 90-120 degrees
- e) 45-90 degrees
- e) 30-45 degrees
- f) less than 30 degrees



STRENGTH OF FORWARD FLEXION – How strong is your arm??

- a) Normal Strength
- b) Good strength – a bit weaker
- c) fair strength – moderately weaker
- d) poor strength – much weaker
- e) muscle contraction only
- f) nothing



SATISFACTION OF THE PATIENT - Since the operation.

- a) Satisfied and better
- b) Dissatisfied and worse.